

THE  
RULES  
AND  
DIRECTIONS  
of the  
LORDS and COMMONS  
Assembled in  
PARLIAMENT:

Concerning the Examination  
of all such as shall be admitted  
to the Sacrament of the  
LORDS SUPPER,  
Within the Kingdome of *England*,  
and Dominion of *Wales*:

Contained  
In an Ordinance of the twentieth  
of *October*, 1645. with Questions and  
Answers concerning the same.

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# Rules and Directions

concerning suspension from  
the Sacrament of the Lords  
Supper, in case of  
Ignorance,

I.

**A**Ll such persons who shall bee admitted to the Sacrament of the Lords Supper, ought to know that there is a God, that there is but one eber libing and true God, maker of Heaven and Earth, and Governour of all things; That this onely true God, is the God whom we wor-  
ship; that this God is but one, yet three distinct Persons, the  
A 2 Father

Father, Son, and holy Ghost, all equall God.

2. That God created man after his owne Image, in knowledge, righteousness, and true holiness; That by one man sin entered into the world, and death by sin, and so death passed upon all men, for that all have sinned; That thereby they are all dead in trespasses and sins, and are by nature the Children of wrath, and so lyable to eternall death, the wages of every sin.

3. That there is but one Mediator betweene God and man, the man Christ Jesus, who is also over all, God blessed for ever, neither is there salvation in any other; That he was conceived by the holy Ghost, and born of the Virgin Mary; that he dyed upon the crosse to save his people from their sins; That he rose againe the third day from the dead, ascended



cended into Heaven, sits at the right hand of God, and makes continuall intercession for us, of whose fullness we receive all grace necessary to salvation.

4 That Christ and his benefits are applied onely by faith; That faith is the gift of God, and that we have it not of our selves, but it is wrought in us by the Word and Spirit of God.

That faith is that grace, whereby we believe and trust in Christ for remission of sins, and life everlasting according to the promise of the Gospel, that whosoever believes not on the Son of God shall not see life, but shall perish eternally.

That they who truly repent of their sins, do see them, sorrow for them, and turn from them to the Lord, and that except men repent they shall surely perish.

That a godly life is conicionably

ordered according to the Word of God, in Holinesse and Righteousnesse, without which no man shall see God.

That the Sacraments are Seals of the Covenant of Grace in the Blood of Christ: That the Sacraments of the new Testament, are Baptisme and the Lords Supper; that the outward Elements in the Lords Supper are Bread & Wine, and doe signifie the Body and Blood of Christ Crucified, which the worthy Receiver by faith doth partake of in this Sacrament, which Christ hath likewise ordained for the remembrance of this death; that whosoever eats and drinks unworthily, is guilty of the Body and Blood of the Lord; and therefore that every one is to examine himselfe, lest he eat and drink iudgement to himselfe, not discerning the Lords Body.

That

That the soules of the faithfull after death, do immediately liue with Christ in blessednesse; and that the soules of the wicked, doe immediately goe into Hell torments.

That there shall be a Resurrection of the Bodies, both of the iust and unjust at the last Day, at which time all shall appeare before the Iudgement Seat of Christ, to receiue according to what they haue done in the body, whether it be good or euill: And that the righteous shall goe into life eternall, and the wicked into euerlasting punishment.

And it is further ordained by the Lords and Commons, that those who haue a competent measure of understanding concerning the matters contained in these Articles shall not bee kept backe from the Sacrament

of the Lords Supper for Ignorance. And that the Examination and iudgment of such persons as shall for their ignorance of the aforesaid points of Religion not be admitted to the Sacrament of the Lords Supper, is to be in the power of the Eldership of every congregation.

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SHORT





# SHORT

## Questions and Answers.

Q  *What is God?*

A. A most holy Spirit,  
Infinite in all perfections,  
*Ioh. 4. 24. 1 Tim. 6. 16.*

Q. *How many Gods are there?*

A. One onely, *1 Cor. 8.*

Q. *Into how many Persons is this one God distinguished?*

A. Into three, The Father, the Son, and the Holy Ghost, *Mat. 28. 19. 1 Joh. 5. 7.*

Q. *In what estate was man made by God at first?*

A. In a very happy estate, being made after the Image of God, *Gen. 1. 27.*

Q. *In what respect is man said to be made after the Image of God?*

A. In that he was indued with perfect knowledge, and with true holiness and righteousness, *Col. 3. 10. Eph. 4. 24. Did*

Q.

## *A short Catechisme*

*Q. Did man alwaies continue in that happy estate wherein he was at first made?*

*A. No, he became miserable by sinne, Gen. 3. 17.*

*Q. What was the sin which Adam did commit?*

*A. Disobedience against God, in eating the forbidden fruit, Gen. 3. 3, 6.*

*Q. Did all Man-kind sin in Adam?*

*A. Yes: Adam was a publick person, and we were all in his loines, Rom. 5. 19.*

*Q. What is sin in generall?*

*A. A transgression of Gods Commandments, 1 John 3. 4.*

*Q. What be the kinds of sin:*

*A. 1. Originall, which is the corruption of nature, wherein we are conceived and born, Gal. 5. 19.*

*2. Actuall, which is the fruit of that corruption in evill thoughts, words and deeds, Psal. 51. 5.*

*Q. What is the punishment due to sin?*

*A. All curses and plagues in this life, at the end death, and after that eternall torment in Hell, Deut. 28. 16, 17. Rom. 9. 23 2Thes. 1. 8, 9.*

*Q. Seeing*

*A short Catechisme.*

*Q. Seeing we are all sinners, by what means may we escape those miseries which we have deserved, and recover happinesse?*

*A. Onely by Jesus Christ, Acts 4. 12.*

*Q. What is Jesus Christ?*

*A. Jesus Christ is the onely begotten Son of God, who also became man for our salvation, Luke 1. 35. John 1. 14.*

*Q. What hath Christ done and suffered for our redemption?*

*A. He fulfilled the Law for us, Mat. 3. 15.*

*2. He hath endured the curse of the Law due to our sinnes, Esay 53. 5.*

*Q. How are men made partakers of the benefits of those things which Christ did and suffered?*

*A. By Faith, John 1. 12.*

*Q. What is Faith?*

*A. A grace whereby we receive Christ as our perfect Saviour, and rest upon him alone for salvation, Job. 1. 12. Acts 16. 31.*

*Q. How is Faith wrought in us?*

*A. 1. Inwardly by the Spirit of God, Acts 16. 14.*

*2. Out-*

*A Short Catechisme.*

2. Outwardly, by the preaching of the Word, Rom. 10. 14.

*Q. What meanes hath God appointed to strengthen our faith?*

*A.* All his holy Ordinances, especially his Sacraments, Act. 2. 38.

*Q. What is chiefly to be considered in a Sacrament?*

*A.* 1. The outward signes and rites.

2. The inward things signified thereby

*Q. How many Sacraments are there?*

*A.* Two, Baptisme and the Lords Supper, Mat. 28. 19. Mat. 26. 26. &c.

*Q. What is the speciall use of Baptisme?*

To ingraft us into Christ, Mat. 28, 19. Gal. 4. 27.

*Q. What is the outward sign in Baptism?*

*A.* Water, Act. 10 47.

*Q. What doth that set forth?*

*A.* Christs Blood, Rev. 1. 5.

*Q. What doth the sprinkling of it upon the party baptized set out.*

*A.* Our spirituall cleansing from sin by the blood of Christ, 1 Pet. 1. 2.

*Q. What is the speciall use of the Lords Supper?*

*A.* 1. To



*A short Catechisme.*

A. 1 To make us remember Christs death, 1 Cor. 11. 25.

2 To make us grow in grace.

Q. *What are the outward signes thereof?*

A. Bread and Wine, Mat. 26. 26, 27.

Q. *What doth the Bread set forth?*

A. The Body of Christ, Mat. 26. 26.

Q. *What doth the Wine set forth?*

A. The Blood of Christ, Mat. 26. 27.

Q. *In whose roome stands the Minister?*

A. In the roome of God himselfe,  
2 Cor. 5. 20.

Q. *What is set forth by the Ministers blessing Bread and Wine?*

A. Gods setting of his Son apart for our Redemption, Job. 10. 36.

Q. *What is signified by breaking the bread?*

A. The sufferings which Christ endured in his body, 1 Cor. 11. 24.

*What is signified by pouring out of wine?*

A. Shedding Christs blood, Luk. 22. 20.

Q. *What is signified by the Ministers giving Bread and Wine to the Communicants?*

A. Gods giving of his Son unto them,  
Mat. 26. 28.

Q. *What*

*A short Catechisme.*

*Q. What doth peoples taking Bread and Wine set out?*

*A. Their applying Christs body and blood unto themselves by faith, Ioh. 6. 35.*

*Q. What is required of every one before he comes to the Lords Table?*

*A. He must examine himselfe, 1 Cor. 11. 28.*

*Q. Of what must he examine himselfe?*

*A. 1. Of his sins.*

*2. Of his graces.*

*Q. Of what graces must a man, before his coming to the Lords Table, examine himselfe?*

*Ans. 1. Of his Knowledge. 2. Of his Faith. 3. Of his Repentance. 4. Of his Love.*

*Q. How ought every one to behave himself at the Lords Table?*

*A. With all holy reverence, thankfully remembring Christs death, and seriously considering the things that are signified by the outward signes and rites, Eccles. 5. 11. Cor. 11. 25.*

*Q. What is the danger of unworthy receiving?*

*A. Un-*

**A.** Unworthy receivers are guilty of the body and blood of Christ, and so doe eat and drink their own damnation, *1 Cor.* 11.27.29.

*Quest. What is to be done after our receiving?*

**A.** We must give hearty thanks unto God, as for all his benefits, so especially for giving unto us Christ, to perfect the work of our salvation.

2. We must examine how we have profited by our receiving.

3. Wee must carefully performe our vowes and promises made unto God, of leading a new life, & bringing forth fruits meet for repentance.

*Q. What is repentance?*

**A.** It is a sighing and sorrowing for sins, and turning from them to God, *Acts* 3. 9.

*Q. Is this repentance necessary to salvation?*

**A.** Yes, for except men repent, they shall surely perish, *Luk.* 13. 3.

*Q. What is a godly life?*

**A.** A life conscionably ordered according

ding to the Word of God, in holinesse and  
righteousnesse, *Psal. 119. 19. Luk. 1. 75.*

*Q. Is a godly life also necessary to salvation?*

*A. Yes, for without holiness and righteous-  
ness no man shall see the Lord, Heb. 12. 14.*

*Q. Seeing the soule of man is immortal and can-  
not dye, what shall become thereof when it shall be se-  
parated from the body?*

*A. The soules of the faithfull shall imme-  
diately live with Christ in blessednesse, and  
the soules of the wicked shall immediately go  
into hell torments, Luk. 16. 22, 23. and *Chap.*  
*23. ver. 43. Phil. 1. 23.**

*Q. But shall not the body also be quickned and  
raised againe?*

*A. Yes, there shall be a Resurrection of  
the bodies both of the just and unjust at the  
last day, at which time the soule and body  
shall be united, and shall all appear before  
the Judgement Seat of Christ, to receive ac-  
cording to what they have done in their life  
times, whether good or evill; then shall the  
righteous inherite life eternall, but the wic-  
ked shall goe into everlasting torment, *John.*  
*5. 28, 29. Matth. 25. 32. 2 Cor. 5. 10. Matth.*  
*25. 46.**

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